

## IMTCA AT A GLANCE

### **What is IMTCA?**

International Mountain Trail Challenge Association is an association to promote a new equine discipline called Mountain Trail.

### **What is Mountain Trail?**

Mountain trail is a fun discipline started for the recreational rider which involves navigating through manmade and natural trail obstacles such as bridges, balance beams, rock patches, water crossings, up and down hills and much more.

### **Who can compete?**

Anyone can compete with any breed of horse, mule, donkey, pony, and any style of riding. Minimum age is 6.

### **What type of tack: English, Western, other?**

Any type of saddle and associated tack is acceptable as long as it is safe and in good repair.

### **What do I wear?**

Dress neat and clean but no bling, dress as if you are going on a trail ride or hack with friends. Clothing should match riding discipline.

### **Are there levels?**

The discipline is made up of three levels. Level 1, 2 and 3. In level 1 everything is at a walk. At level 2 a trot or gait is picked up between obstacles and transition to a walk at and through the obstacle. In level 3 often the pattern will call for a canter/lope between obstacles and transition to a walk at and through the obstacle. In each level the required maneuvers become more challenging, Level 1 being the easiest.

### **Are there patterns to ride?**

Yes, the challenges/shows will have patterns. Each course is different so patterns vary but the maneuvers remain the same.

### **Do you have memberships?**

Yes, membership is \$35.00/year. For additional information check out our membership page [www.imtca.org/membership-2/](http://www.imtca.org/membership-2/)

### **Where can I compete?**

For a Mountain Trail Course near you check out IMTCA Courses that Host IMTCA Events [www.imtca.org/courses-that-host-imtca-events/](http://www.imtca.org/courses-that-host-imtca-events/).